

Rialto Unified School District

Nov 1, 2024 thru Nov 1, 2024

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 11/01/2024																
HS BIC BREAKFAST	Total	6000														
Mini Donuts, WG Powdered Sugar	1 each	6000	280	0	290	2.00	1.08	20.0	110	0.0	22	5.0	42.0	10.0	3.00	0.00
GRAPES, Fresh PKG '23	serving	5999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES, Fresh PKG '23	serving	6000	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK, 1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			462	8	482	2.83	1.35	282.9	1035	3.68	54	13.91	75.78	11.16	3.60	0.00
% of Calories											47.0%	12.1%	65.7%	21.7%	7.0%	0.0%
Nutrient Guideline			450-600		640										<10.00	

Weighted Average			462	8	482	2.83	1.35	282.9	1035	3.68	54	13.91	75.78	11.16	3.60	0.00
											105.8%	12.1%	65.7%	21.7%	7.0%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	462		450 - 600					
Cholesterol (mg)	8							
Sodium 1 (mg)	482		640					
Fiber (g)	2.83							
Iron (mg)	1.35							
Calcium (mg)	282.9							
Vitamin A (IU)	1035							
Sugars (g)	54	47.04%						
Vitamin C (mg)	3.68							
Protein (g)	13.91	12.05%						
Carbohydrate (g)	75.78	65.66%						
Total Fat (g)	11.16	21.75%						
Saturated Fat (g)	3.60	7.03%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

*Data comparisons are not available for one or two day selections

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Nov 4, 2024 thru Nov 8, 2024

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 11/04/2024																
HS BIC BREAKFAST	Total	4286														
POP TARTS,Wh.Gr Strawberry-2013	PKG. of (2 ea)	4286	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	75.0	4.5	2.00	0.00
BANANAS	1 EACH	6000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	1 EACH	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3786	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			606	6	564	9.68	3.97	424.6	2032	12.30	66	13.66	126.60	5.26	2.33	0.00
% of Calories											43.4%	9.0%	83.6%	7.8%	3.5%	0.0%
Nutrient Guideline			450-600		640											<10.00

Tue - 11/05/2024																
HS BIC BREAKFAST	Total	3539														
Uncrustable, Grape Wh,Che-2016	1 each	3539	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	5000	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3039	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			610	6	564	3.00	1.08	269.4	1277	84.77	72	18.14	92.12	17.35	3.71	0.00
% of Calories											47.4%	11.9%	60.5%	25.6%	5.5%	0.0%
Nutrient Guideline			450-600		640											<10.00

Wed - 11/06/2024																
HS BIC BREAKFAST	Total	4069														
UBR - BRKFST CINN ROUND 2 020	1 EACH	4069	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
TANGERINES,FRESH	Serving	4069	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
TANGERINES,FRESH	Serving	4069	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK,1% DW 2024	1 EACH	2069	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			558	10	376	9.05	3.20	480.6	3104	89.71	66	16.23	99.77	12.31	3.39	0.00
% of Calories											47.3%	11.6%	71.5%	19.9%	5.5%	0.0%
Nutrient Guideline			450-600		640											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Nov 4, 2024 thru Nov 8, 2024

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 11/07/2024																
HS BIC BREAKFAST	Total	4069														
Cinnis, Mini 2.29oz 2017	pkg	4069	240	0	270	2.00	1.44	40.0	75	0.0	15	5.0	39.0	7.0	1.50	0.00
GRAPES, Fresh PKG '23	serving	7000	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES, Fresh PKG '23	serving	7000	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK, 1% DW 2024	1 EACH	2069	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			466	10	453	3.42	1.90	338.4	979	6.33	57	14.50	83.09	8.82	2.44	0.00
% of Calories											49.1%	12.4%	71.3%	17.0%	4.7%	0.0%
Nutrient Guideline			450-600		640										<10.00	

Fri - 11/08/2024																
HS BIC BREAKFAST	Total	6000														
Sndwch, Saus, Egg and Chz 2021	serving	6000	331	120	792	2.01	1.81	150.5	110	0.0	6	17.05	30.09	17.05	8.03	0.00
Orange juice, DW, 8oz. 2024	1 EACH	5999	110	0	30	0.00	0.00	20.0	200	60.0	27	2.0	27.0	0.0	0.00	0.00
MILK, 1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			561	129	1012	2.01	1.81	420.5	1144	59.99	50	27.39	75.09	17.89	8.52	0.00
% of Calories											35.9%	19.5%	53.5%	28.7%	13.7%	0.0%
Nutrient Guideline			450-600		640										<10.00	

Weighted Average			560	32	594	5.43	2.39	386.7	1707	50.62	62	17.98	95.33	12.33	4.08	0.00
											100.1%	12.8%	68.1%	19.8%	6.6%	0.0%

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Rialto Unified School District

Nov 4, 2024 thru Nov 8, 2024

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	560		450 - 600	100%													
Cholesterol (mg)	32																
Sodium 1 (mg)	594		640	93%													
Fiber (g)	5.43																
Iron (mg)	2.39																
Calcium (mg)	386.7																
Vitamin A (IU)	1707																
Sugars (g)	62	44.49%															
Vitamin C (mg)	50.62																
Protein (g)	17.98	12.84%															
Carbohydrate (g)	95.33	68.08%															
Total Fat (g)	12.33	19.81%															
Saturated Fat (g)	4.08	6.56%															
Trans Fat ¹ (g)	0.00	0.00%															

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Rialto Unified School District

Nov 12, 2024 thru Nov 15, 2024

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 11/12/2024																
HS BIC BREAKFAST	Total	3539														
Cinnamon Roll-Wh.Wheat-IW-2017	1 EACH	3539	300	5	310	3.00	1.80	20.0	300	1.2	22	5.0	51.0	11.0	6.00	0.00
Juice, apple 8oz. DW-2024	CARTONS	5000	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3039	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			575	11	554	3.00	1.80	269.4	1512	85.97	81	15.97	111.12	11.35	6.21	0.00
% of Calories											56.5%	11.1%	77.2%	17.8%	9.7%	0.0%
Nutrient Guideline			450-600		640											<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 11/13/2024																
HS BIC BREAKFAST	Total	6000														
Concha, WG PINK-24	1 each	6000	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Craisins, Watermelon	servings	5999	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	servings	3000	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			485	13	280	6.50	1.80	290.0	1053	0.00	61	13.33	93.99	6.83	2.00	0.00
% of Calories											50.6%	11.0%	77.5%	12.7%	3.7%	0.0%
Nutrient Guideline			450-600		640											<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 11/14/2024																
HS BIC BREAKFAST	Total	4286														
Muffins, DBL Choc. 2022	1 ea	4286	280	25	250	2.00	1.80	20.0	85	0.0	17	4.0	44.0	10.0	2.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	6000	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	6000	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	500	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	3786	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			486	29	387	7.60	2.94	309.7	725	346.34	51	12.35	85.93	10.29	2.18	0.00
% of Calories											42.2%	10.2%	70.7%	19.0%	4.0%	0.0%
Nutrient Guideline			450-600		640											<10.00

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Rialto Unified School District

Nov 12, 2024 thru Nov 15, 2024

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 11/15/2024																
HS BIC BREAKFAST	Total	4069														
Cluster Brk, Whole Grain '22	1 EACH	4069	280	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
Orange juice, DW, 8oz. 2024	1 EACH	7000	110	0	30	0.00	0.00	20.0	200	60.0	27	2.0	27.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	2069	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			569	10	421	3.00	2.70	390.7	1160	103.22	77	16.95	101.40	11.27	3.26	0.00
% of Calories											54.0%	11.9%	71.3%	17.8%	5.2%	0.0%
Nutrient Guideline			450-600		640										<10.00	

Weighted Average			529	16	410	5.02	2.31	314.9	1113	133.88	68	14.65	98.11	9.94	3.41	0.00
											115.2%	11.1%	74.2%	16.9%	5.8%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	529		450 - 600	100%				
Cholesterol (mg)	16							
Sodium 1 (mg)	410		640	64%				
Fiber (g)	5.02							
Iron (mg)	2.31							
Calcium (mg)	314.9							
Vitamin A (IU)	1113							
Sugars (g)	68	51.20%						
Vitamin C (mg)	133.88							
Protein (g)	14.65	11.08%						
Carbohydrate (g)	98.11	74.19%						
Total Fat (g)	9.94	16.91%						
Saturated Fat (g)	3.41	5.81%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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Rialto Unified School District

Nov 18, 2024 thru Nov 22, 2024

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 11/18/2024																
HS BIC BREAKFAST	Total	4286														
Mini Donuts,Wh Gr Chocolate	1 each	4286	300	0	290	3.00	1.08	20.0	100	0.0	20	5.0	39.0	13.0	8.00	0.00
Crisps, Apple-Strawberry '22	BAG	6000	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3786	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			474	6	493	5.70	1.08	237.5	1089	0.00	48	13.12	71.79	13.29	8.17	0.00
% of Calories											40.4%	11.1%	60.6%	25.2%	15.5%	0.0%
Nutrient Guideline			450-600		640											<10.00

Tue - 11/19/2024																
HS BIC BREAKFAST	Total	3539														
Waffles, Vanilla	pkg	3539	271	17	226	2.26	0.00	9.0	68	0.0	14	5.65	37.27	10.17	2.82	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	5000	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3039	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			561	23	470	2.26	0.00	258.5	1280	84.77	73	13.79	97.40	10.52	3.04	0.00
% of Calories											52.0%	9.8%	69.5%	16.9%	4.9%	0.0%
Nutrient Guideline			450-600		640											<10.00

Wed - 11/20/2024																
HS BIC BREAKFAST	Total	4069														
CEREAL,MALT-O,Marsh-Mateys 2017	BOWL	4069	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
BANANAS	1 EACH	4069	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	4069	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	1 EACH	2069	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			520	10	552	8.25	18.53	486.4	1875	29.57	64	14.71	110.09	3.94	0.99	0.00
% of Calories											49.4%	11.3%	84.7%	6.8%	1.7%	0.0%
Nutrient Guideline			450-600		640											<10.00

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Rialto Unified School District

Nov 18, 2024 thru Nov 22, 2024

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 11/21/2024																
HS BIC BREAKFAST	Total	4069														
FRENCH TST Mini Cinna '23	SERV	4069	220	115	330	3.00	1.80	80.0	193	3.6	8	9.0	30.0	8.0	1.50	0.00
GRAPES, Fresh PKG '23	serving	7000	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES, Fresh PKG '23	serving	7000	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK, 1% DW 2024	1 EACH	2069	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			446	125	513	4.42	2.26	378.4	1097	9.93	50	18.50	74.09	9.82	2.44	0.00
% of Calories											45.0%	16.6%	66.4%	19.8%	4.9%	0.0%
Nutrient Guideline			450-600		640											<10.00

Fri - 11/22/2024																
HS BIC BREAKFAST	Total	4286														
BREAD, STRAWBERRY, fzeg	1 EACH	4286	128	30	87	0.88	0.62	20.8	45	1.96	*12	2.32	19.47	4.63	0.54	*0.00
Orange juice, DW, 8oz. 2024	1 EACH	7000	110	0	30	0.00	0.00	20.0	200	60.0	27	2.0	27.0	0.0	0.00	0.00
MILK, 1% DW 2024	1 EACH	2786	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			441	42	332	0.88	0.62	374.3	1163	99.95	*74	15.17	82.00	6.25	1.51	*0.00
% of Calories											*66.9%	13.7%	74.3%	12.7%	3.1%	*0.0%
Nutrient Guideline			450-600		640											<10.00

Weighted Average			488	41	472	4.30	4.50	347.0	1301	44.85	*62	15.06	87.07	8.76	3.23	*0.00
											*113.8	12.3%	71.3%	16.2%	6.0%	*0.0%

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Rialto Unified School District

Nov 18, 2024 thru Nov 22, 2024

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	488		450 - 600		100%												
Cholesterol (mg)	41																
Sodium 1 (mg)	472		640		74%												
Fiber (g)	4.30																
Iron (mg)	4.50																
Calcium (mg)	347.0																
Vitamin A (IU)	1301																
Sugars (g)	62	50.59%				Missing											
Vitamin C (mg)	44.85																
Protein (g)	15.06	12.33%															
Carbohydrate (g)	87.07	71.32%															
Total Fat (g)	8.76	16.15%															
Saturated Fat (g)	3.23	5.95%		<10.00%													
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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